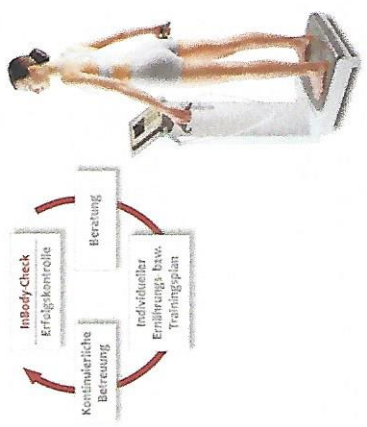


	MONTAG		DIENSTAG		MITTWOCH		DONNERSTAG		FREITAG		SONNTAG	
	Kursraum 1	Kursraum 2	Kursraum 1	Kursraum 2	Kursraum 1	Kursraum 2	Kursraum 1	Kursraum 2	Kursraum 1	Kursraum 2	Kursraum 1	Kursraum 2
09:00 - 09:15												
09:15 - 09:30												
09:30 - 09:45												
09:45 - 10:00												
10:00 - 10:15												
10:15 - 10:30												
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10:45 - 11:00												
11:00 - 11:15												
11:15 - 11:30												
11:30 - 11:45												
11:45 - 12:00												



10:30 - 11:30
GOOD MORNING
GROUP
FITNESS

TRINKFLASCHE



17:30 - 17:45	17:30 - 18:25 Deep Work	18:30 - 19:25 ZUMBA FITNESS	19:30 - 20:25 INDOOR CYCLING	20:30-21:30 THAI BOXEN Muay Thai
17:45 - 18:00	18:00 - 18:55 pilates	19:00 - 19:55 STEP	20:00 - 21:00 STRONG YOGA	
18:00 - 18:15	17:00 - 17:55 KIDS ZUMBA FITNESS	19:00 - 19:55 TRX (Beginner)	20:00 - 21:00 five \$20	
18:15 - 18:30	18:30 - 19:25 LET'S GO!	19:30 - 20:30 INDOOR CYCLING	20:00 - 21:00 five \$20	
18:30 - 18:45	18:30 - 19:30 Deep Work	19:30 - 20:30 WSG	20:15-21:15 ZUMBA STEP	
18:45 - 19:00	18:30 - 19:25 LET'S GO!	19:30 - 20:30 Langhantel	20:30-21:30 five \$20	
19:00 - 19:15	18:30 - 19:30 Deep Work	19:30 - 20:30 Langhantel	20:30-21:30 five \$20	
19:15 - 19:30	18:30 - 19:30 Deep Work	19:30 - 20:30 Langhantel	20:30-21:30 five \$20	
19:30 - 19:45	18:30 - 19:30 Deep Work	19:30 - 20:30 Langhantel	20:30-21:30 five \$20	
19:45 - 20:00	18:30 - 19:30 Deep Work	19:30 - 20:30 Langhantel	20:30-21:30 five \$20	
20:00 - 20:15	18:30 - 19:30 Deep Work	19:30 - 20:30 Langhantel	20:30-21:30 five \$20	
20:15 - 20:30	18:30 - 19:30 Deep Work	19:30 - 20:30 Langhantel	20:30-21:30 five \$20	
20:30 - 20:45	18:30 - 19:30 Deep Work	19:30 - 20:30 Langhantel	20:30-21:30 five \$20	
20:45 - 21:00	18:30 - 19:30 Deep Work	19:30 - 20:30 Langhantel	20:30-21:30 five \$20	
21:00 - 21:15	18:30 - 19:30 Deep Work	19:30 - 20:30 Langhantel	20:30-21:30 five \$20	
21:15 - 21:30	18:30 - 19:30 Deep Work	19:30 - 20:30 Langhantel	20:30-21:30 five \$20	

Öffnungszeiten

Mo-Fr	09:00 - 22:00
SA	14:00 - 18:00
SO	10:00 - 15:00